# **FREEDOM RUNNERS**

Benefitting The Little Warriors A Brian Bill Project

### Who:

The Little Warriors A Brian Bill Project is a 501(c)(3) non-profit organization dedicated to providing outdoor adventure to the children of fallen US Navy SEALs. The Project is inspired by US Navy SEAL Brian R. Bill, and seeks to teach this special group of children about the skills and spirit of some of our nation's greatest heroes through mentorship, support, and adventure!

## What:

Mark Ozdarski, Susan Riggio & Greg Thompson, will compete as a team in the Grand to Grand Ultra race to help raise financial support and awareness to the mission of The Little Warriors. They will run in memory of fallen SEALs who put themselves "in harm's way" for our Freedom. Team Freedom Runners start their journey on Sept 25, 2016. 6 Stages, 7 days - Self Supported Foot Race totalling 170 Miles

# How:

You can help by donating to Team Freedom Runners benefiting The Little Warriors A Brian Bill Project. Your donation will be used to send children of fallen Navy SEALs on unique outdoor adventures. Previous trips have included Canyoneering in Utah, Rock Climbing in the Blue Ridge Mtns, and Fly-fishing.

### Donate:

For more information about The Little Warriors: www.navyseallittlewarriors.org

To Donate: www.crowdrise.com/grand-to-grand-ultra-/fundraiser/thelittlewarriorsabr



**Mark Ozdarski** Served 25 years in the US Navy SEAL Teams where he led and executed hundreds of sensitive combat and intelligence gathering special operations in over 40 countries. Through Mark's career he served alongside America's elite warriors sacrificing years away from their families; many of whom were severely wounded or lost their lives. When Mark retired he committed to keeping his promise to his fallen Teammates by providing support and mentorship to their surviving kids. Mark accomplishes extreme endurance adventures in order to raise awareness and funds for the Little Warriors.



**Greg Thompson**Greg ran his first road race in 1983 and hasn't stopped since, competing in hundreds of events over the last 30 years. Some of Greg's most notable events include the prestigious Western States 100, HURT 100, USTAF 100 mi championship at Burning River, not to mention several IRONMAN races, marathon swims and 24hr running events. It is safe to say Greg likes to push himself beyond limits. One of the highlights of Greg's running career was being on his H2C team for Nike. The Little Warriors are honored to have him on their team. Greg works as a flight attendant, you can find him in the air or on a trail run just about anyplace in the world.



# Susan Riggio

For over 20 years, Susan has shared her passion for outdoor adventure and respect for the earth by serving as a trail guide leading hundreds of people to places around the world including Mt. Kilimanjaro, the Andes Mountains of Peru, Utah, the Grand Canyon, and the high peaks of Colorado. Susan is also a endurance athlete having completed many Ironman competitions and Ultra distance runs. By challenging herself, she inspires others to reach new peaks in their own lives. Susan's mission is one of service and she is excited to be a part of the Freedom Runners team to raise awareness and funds for the Little Warriors Foundation.